Triple P Parenting Workshops

Parenting – the hardest job you will ever do!
Come and get some new tools for this job.

Presented by Janet Humphrey,
Ontario Early Years Centre – Simcoe Grey

The international award winning Triple P Program has been developed in response to the many unmet needs and unanswered questions from parents and practitioners, worldwide.

This series of three seminars offers practical ideas to make parenting easier and more enjoyable by addressing common parenting concerns with children 0 to 12 years of age, especially issues relating to discipline.

1. The Power of Positive Parenting – learn the five core principles to being a positive parent including assertive discipline
2. Raising Confident, Competent Children – getting children off to the right start for success at school and beyond
3. Raising Resilient Children – emotional resilience in children, why it is important and how it benefits children

Thursdays April 18 and 25 and May 2, 7 – 9 pm
Ernest Cumberland Elementary School
160 Eighth Avenue, Alliston

Pre-registration is required!
Ontario Early Years Centre,
Alliston
705 435 4308

It's Free!

No childcare available for evening workshops

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